

Detailed program

FENS 2018 Summer school, Belgrade 20-24th August 2018

Translating scientific findings into nutritional recommendations

Preliminary program

First day, 20st August: Basics of generating evidence

Monday morning:

Study designs and evidence. Danijela Ristic Medic, Institute for Medical Research, Serbia

Generating evidence: from experimental science to human experimental studies. Philip Calder, University of Southampton, Great Britain

Monday afternoon:

Good practice for human intervention studies. Sladjana Sobajic, University of Belgrade, Serbia

Population intake studies in the region. Dragana Jovic, Institute of Public Health of Serbia; Milka Popovic, Institute of Public Health of Vojvodina, Serbia

Second day, 21st August: Basics of translating science into recommendations

Tuesday morning:

Meta-analysis of observational and intervention studies. Lucas Schwingshackl, German Institute for Human Nutrition, Germany

The global burden approach: daly's as unifying concept of rating impact. Sandra Sipetic, University of Belgrade

Tuesday afternoon:

Nutrition research and strategies to address waste in nutrition research. Carl Lachat, Ghent University, Ghent, Belgium

Public Health Nutrition: Opportunities to contribute to recommendations. Igor Spiroski, Institute of Public Health of Macedonia, Macedonia

Third day, 22nd August: Principles of Food based dietary Guidelines

Wednesday morning:

FAO/WHO and EFSA guidelines for development of FBDGs. Development of FBDGs for elderly as a target group. Inge Tetens, University of Copenhagen, Denmark

The Nordic experience. Mikael Fogelholm, University of Helsinki, Finland

Wednesday afternoon:

The French approach to develop FBDGs. (tbd)

WCRF- example to grade the evidence. Sabrina Schlesinger, German Diabetes Center, Germany

Fourth day, 23th August: The future of FBDGs

Thursday morning:

Detailed FBDGs on food level: Consideration for future developments. Heiner Boeing, DIFE, Germany

Translation of scientific data into consumer-oriented information. Milka Sokolovic, EUFIC, Bruxelles

Thursday afternoon:

Group work (FBDGs of the future)

Fifth day, 24th of August: Examination and group work results

Friday morning:

Examination (multiple-choice questions)

Presentation of group work

Friday noon: until 15:00

Discussion round with students and faculty: perspectives of FBDGs: What we have learned